

# UNLOCK YOUR POTENTIAL

Learn to overcome the “impossible”

Gain a lifetime of success, balance & happiness

## ONE YEAR SMALL GROUP COACHING PROGRAM



**THE CHALLENGE:** You are possibly a focused, driven and often overly challenged professional, someone in transition, or someone who simply knows that there is more to life.

But you may be questioning the purpose of your life, and the impact you’re making in the world. You may have goals that you have yet to reach, and time is passing by.

You possibly have difficulty balancing the intellectual, emotional, spiritual and physical aspects of your life. This can leave you exhausted, frustrated, feeling overwhelmed, unhappy, and achieving far less than you could.

**THE SOLUTION:** A one-year online program with live coaches and a small support group to help you create a Success Blueprint so you can **think, plan & act** differently.

Gain the Framework, Attitudes, Skills & Tools to dramatically increase your Clarity & Confidence.

<http://blueprint-programs.com/group-coaching>

### RESULTS

This is the program for you if you desire:

- increased financial freedom;
- more satisfying family relationships;
- improved health and wellness;
- work that utilizes your potential;
- greater life balance;
- deeper spiritual connection;
- more happiness;
- clarity regarding your life purpose;
- to unleash your potential;
- to leave a wonderful legacy.

### TOPICS INCLUDE

**Top Fears:** Confront fear, the most important factor that blocks your achievement. Learn to use fear as a springboard for success.

**Beliefs:** Adopt empowering beliefs and behaviours, breaking patterns and habits that don’t serve you.

**Values and Strengths:** Clarify your core values and strengths to build a solid foundation for achieving audacious goals.

**Obstacles:** Learn to identify key obstacles (and smart solutions) long before such obstacles become show stoppers.

**Visualization:** Experience how visualizing success can strengthen commitment to key goals.

**Three Year, Annual & 90 Day Plans:** Create powerful plans that you review consistently to ensure you stay on track.

**Smarter Goals:** Go much deeper than S.M.A.R.T. goals, so you can easily move much further, much faster!

**Game Changers:** Define those factors that are VITAL to your success, and leverage game changers for faster progress.

**Outcome Focused Calendar:** Learn to calendar differently to achieve key outcomes, yet allow time for reflection and rejuvenation. Regain control of your life.

### LEAD FACILITATOR

Karim H. Ismail, MBA, is the founder and CEO of BlueprintPal Inc., a peak performance company. He is the author of *Keep Any Promise: a blueprint for designing your future*, based on the thinking, tools and techniques he developed over 20 years of managing multi-million dollar architecturally unique buildings and many years of intensive personal search after his life took a nosedive.

He has helped thousands develop the self-leadership skills needed to live balanced, happy lives at one’s full potential.

**DETAILS, TIMING, FEE and to ENROL:**  
<http://blueprint-programs.com/group-coaching>